Maharashtra University of Health Sciences, Nashik Inspection Committee Report for Academic Year 2024 - 2025 Webinar / Workshop/ CME/ Activities/ Perform in Last One Year.

Faculty :- Physiotherapy

Name of the College :- Niharika College Of Physiotherapy, Nagpur

No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)

	Details of Webinar / Workshop/ CME/ Activities/ Preform
1	21 June 2023
	International Yoga Day Celebration
	Guest Lecture: Mr. Laxmikant Mahajan
	1. Yoga Session: Engage in a rejuvenating yoga session led by experienced instructors
	 Meditation: Experience the calming effects of meditation for mental and emotions well-being.
	 Health Talks: Listen to expert talks on the significance of yoga in promoting physical and mental health.
	 Interactive Workshops: Participate in interactive workshops on yoga postures ar techniques.
2	8 Sept 2023
	Physiotherapy Day
	Guest Lecture: Dr. Subodh Patle
	Topic : Awareness on Osteoarthritis
3	3 October 2023
	Swaccha Bharat Abhiyan
	Guest: Dr Sandeep Gaikwad
	 Campus Clean-up Drive: Join us in a collective effort to clean and beautify our college campus.
	 Awareness Session: Learn about the importance of cleanliness in promoting a healthy environment and its impact on overall well-being.
4 1	9 December 2023
	Orientation Program
	PHYSIOPULSE DAY 1 Guest: Dr. Nasiruddin Nazim

Introduction to Niharika College of Physiotherapy	
Overview of the PHYSIOPULSE Program	
Meet and Greet with Faculty and Staff	
Campus Tour	
• Q &A Session	
20 December 2023 Orientation Program	
PHYSIOPULSE DAY 2 Guest : Mrs. Jaya Awari	
SPIRITUALITY MIDAS HOSPITAL TOUR Introduction to Spirituality	
Importance of mental and spiritual wellness	
Q&A Session	
• MIDAS HOSPITAL TOUR	
20 December 2023 Orientation Program	
PHYSIOPULSE DAY 3	
Guest : Dr. Pragati Patil	
Introduction to Motivation in life	
Importance of mental and spiritual wellness	
Q &A Session	
	Meet and Greet with Faculty and Staff Campus Tour Q &A Session 20 December 2023 Orientation Program PHYSIOPULSE DAY 2 Guest: Mrs. Jaya Awari SPIRITUALITY& MIDAS HOSPITAL TOUR Introduction to Spirituality Importance of mental and spiritual wellness Q&A Session MIDAS HOSPITAL TOUR 20 December 2023 Orientation Program PHYSIOPULSE DAY 3 Guest: Dr. Pragati Patil



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